

'I treat holistically to ensure the most appropriate, balanced and natural-looking results'

surgical face lifts, full-face sculpting and skin improvement using the latest polynucleotides and exosomes. The clinic also uses some of the best technology in the world to assist with weight loss, gut health and brain health.

What are the most popular treatments you offer and how are they unique?

Our DrBK Face Lift Deluxe (for face and neck-lifting) is one of our most requested procedures. This unique non-surgical procedure combines the very latest thread lift system, with our state-of-the-art Dual-Hi skin-tightening treatment. Other signature treatments include our NuFace Protocol, a unique combination of bio-fillers and polynucleotides for the face and neck. It offers unparalleled results to replace volume loss and provide exceptional skin rejuvenation.

What makes you unique as a practitioner?

I treat holistically to ensure the most appropriate, balanced and natural-looking results. I'm also a firm believer in knowing when to say 'no', which is especially important in this age of increased body dysmorphia.

There's a lot of talk about wellbeing and gut health right now – what is this and why is it so important?

As I always say, there's no point in altering your outside until you have addressed issues on the inside first. This especially applies when it comes to weight loss. The important thing is making sure you are healthy at a cellular level and that you're implementing good, healthy habits, otherwise any weight that you lose will come straight back. Gut health is at the heart of this, because having healthy gut function will allow not only the efficient uptake of nutrients but also expedite the clearance of harmful toxins.

Where do you see the aesthetics market going in the next five to 10 years?

I would like to believe that more practitioners will embrace optimising wellbeing and health as part of an overall programme for any aesthetic treatment. My mantra in my clinics is: healthy people look better.

Dr Bob Khanna

With more than 30 years' experience in the industry, Dr Bob Khanna is one of the world's most eminent and respected facial aesthetic practitioners and teachers. His techniques and treatments have been adopted by thousands of doctors all over the world and focus specifically on patient safety and wellbeing. The Dr Bob Khanna

Training Institute was the first medical aesthetics training institute in the UK to be approved by the Royal Society for Public Health.



Change for the better

For a caring and compassionate approach to aesthetics, look to Dr Bob Khanna

WITH CLINICS IN READING AND Harley Street and more than 30 years' experience, there is very little that Dr Bob Khanna doesn't know about helping people look and feel their best. Taking a holistic approach to aesthetics, his treatments work from the inside out.

What does your flagship DrBK clinic offer?

The DrBK clinic is a centre of excellence offering treatments for teeth, face, body and wellbeing. We cater for all patient needs with high-end cosmetic dental surgery and facial aesthetic treatments, which include non-